

## Daily Schedule (General)

7:30 a.m.	Wake-Up
8:00 a.m.	Breakfast
8:45 a.m.	Day Campers Arrive
9:00-11:30 a.m.	Major Sport Instruction
11:30 a.m.-12:00 p.m.	Refresh Time
12:00-12:45 p.m.	Lunch
12:45-1:00 p.m.	Prep Time (Prep Instr #1)
1:00-2:30 p.m.	Minor Sport Instruction #1
2:30-2:45 p.m.	Prep Time (Prep Instr #2)
2:45-4:15 p.m.	Minor Sport Instruction #2
4:15-5:15 p.m.	Prep Time (Prep Dinner)
5:15-6:00 p.m.	Dinner
6:00-6:15 p.m.	Free Time (Prep Planned Activity)
6:15-8:45 p.m.	Daily Planned Activity
8:45-9:00 p.m.	Day Campers Depart
9:00-10:00 p.m.	Refresh Time (Dorm Rooms)
10:00 p.m.	Quiet Hours/Lights Out